

Alycia N. DeGraff, MS, LAMFT

The University of Georgia
Department of Human Development & Family Science
College of Family and Consumer Sciences
1500 East Riverside Drive, Austin, TX
(806) 401-7211 alycia.degraff@live.com

EDUCATION

- Expected:
2018 **Ph.D. in Human Development and Family Science**
The University of Georgia, Athens, GA
Emphasis in Marriage and Family Therapy, Financial Therapy, Military Family Studies, and Quantitative Analysis
- Aug 2013 **M.S. in Marriage and Family Therapy**
Texas Tech University, Lubbock, TX
Emphasis in Addictive Disorders and Recovery Studies, Personal Financial Planning, and Military Family Studies
- Aug 2011 **B.S. in Community, Family, and Addiction Services**
Texas Tech University, Lubbock, TX

CLINICAL EXPERIENCE

- 2016-Present **Program Therapist**, The Right Step Hill Country
Wimberley, Texas
Provide primary substance abuse treatment to residential clients. Plan and facilitate daily group therapy, co-facilitate weekend family group workshops, and lead bi-weekly experiential groups.
- 2013-2015 **Marriage and Family Therapist, Financial Therapist**, ASPIRE Clinic
The University of Georgia, Athens, GA
Provided mental health, substance abuse, process addiction, and financial therapy services to the local community. Worked with legal aids, financial planners, nutritionists, and home designers to provide interdisciplinary holistic client care.
- 2015 **Supervisor-In-Training**, Mercer Family Therapy Clinic
Mercer University, Macon, GA
Provided individual and group supervision to masters level students in the

medical marriage and family therapy program. Responsible for meeting weekly with students for individual and group supervision, maintenance of all relevant documentation, and reporting back to the supervisors of supervision.

- 2012- 2013 **Substance Abuse Group Therapist**
Lubbock County Juvenile Justice Center, Lubbock, TX
Planned and facilitated substance abuse therapy groups for children ages 10-17 that are on a substance abuse treatment track within the residential program.
- 2012- 2013 **Family Therapist Intern**, Lubbock County Juvenile Justice Center
Lubbock, TX
Maintained government contracted behavioral and substance abuse treatment services for individual minors and their families; provided deferred prosecution adjudication services to minors.
- 2011- 2013 **Marriage and Family Therapist**, Texas Tech Family Therapy Clinic
Texas Tech University, Lubbock, TX
Provided mental health services to the local community and underserved populations. Served as the Military and Veterans Program (MVP) liaison.
- 2010-2013 **Kinship Interviewer**, Covenant Kids
Lubbock, TX
Interviewed immediate family members of children in the care of the State of Texas, provided report of family members' statuses considered for placement, and provided recommendation of appropriateness of placement fit for child.

TEACHING EXPERIENCE

- Summer 2015 **Instructor**, University of Georgia
Diversity in Human Development and Family Systems
- Fall 2014 **Co-Instructor**, University of Georgia (Supervisor: Jerry Gale, Ph.D.)
Diversity in Human Development and Family Systems
- Fall 2013 **Teaching Assistant** for Jerry Gale, Ph.D., University of Georgia
Diversity in Human Development and Family Systems

Spring 2012 **Teaching Assistant** for Kimberly Simon, Ph.D., Texas Tech University
Introduction to Addictive Disorders and Recovery Studies, Treatment in Addictive Disorders and Recovery Studies, and Eating Disorders and Other Process Addictions

RESEARCH EXPERIENCE

2015-2016 **Research Analyst**, Child and Family Research Partnership
LBJ School of Public Affairs, University of Texas at Austin, TX
Lead survey researcher and methodologist within a research team that performs external evaluations of state funded social policy initiatives. Responsible for survey development, implementation, data collection and management of graduate research assistants.

2015-Present **Co-Investigator**, Financial Therapy & Well-being Laboratory
The University of Georgia, Athens, GA
Co-lead a team of interdisciplinary researchers (including financial planners, marriage and family therapists, and student assistants) investigating the relational components of couples in a longitudinal financial therapy intervention.

2013-Present **Research Analyst**, Research and Policy Team
Blue Star Families, Washington, DC
Responsible for analysis of the annual Military and Family Lifestyle Survey—Financial Readiness, Spouse Employment, and Mental Health and Well-being sections. Present findings to federal legislative persons in the form of white papers, reports, and formal policy recommendations.

2013-2015 **Research Assistant**, Family & Community Resilience Laboratory
The University of Georgia, Athens, GA
Administration of the Military Family Library, assistance with presentations and papers on Military Family Resilience by J. Mancini, and individual analysis and publication of the Families, Army Life, and Programs Study data set.

2010-2011 **Research Assistant** for David Ivey, Ph.D.
Texas Tech University, Lubbock, TX
Assisted with literature reviews on the subjects of military families, substance abuse, and managing therapists' gender biases.

PUBLICATIONS

Ford, M., Grable, J., Kruger, M., & DeGraff, A. (2016). Physiological Arousal during Couple Financial Discussions as a Precursor to Seeking Financial Planning Help. *Manuscript Under Review: Journal of Financial Therapy*.

DeGraff, A., O'Neal, C. W., & Mancini, J. A. (2016). The significance of military contexts and culture for understanding family well-being: Parent life satisfaction and adolescent outcomes. *Journal of Child and Family Studies*. doi: 10.1007/s10826-016-0471-0

O'Neal, C. W., Mancini, J. A., & **DeGraff, A.** (2016). Contextualizing the Psychosocial Well-being of Military Members and Their Partners: The Importance of Community and Relationship Provisions. *American Journal of Community Psychology*, 58(3-4), 477-487.

Shiffer, C. O., Maury, R. V., **DeGraff, A. N.**, Sonethavilay, H., Mehta, M. S., Wilcox, S. L., Bassett, G., & Linsner, R. K. (2015). *Military Families Lifestyle Survey: Comprehensive Report*. Blue Star Families, Washington, DC.

DeGraff, A. N., Sorenson, P., Atchley, A., & Smock-Jordan, S. (2014). Preparing clinicians to work with co-occurring disabilities and substance abuse. In Bean, R. A., Davis, S. D., & Davey, M. P., *Clinical Supervision Activities for Increasing Competence and Self-Awareness*. John Wiley & Sons.

DeGraff, A., & Ross, D. B. (2013). Book Review: How to Give Financial Advice to Couples. *Journal of Financial Therapy*, 4(2), 7.

PROFESSIONAL PRESENTATIONS

International Conferences

DeGraff, A. N., Ford, M., Grable, J. (July 2015). Physiological responses during couples financial therapy sessions. *Financial Therapy Association Annual Conference*, Los Cabos, Mexico. (Seminar).

Luna, B., Andrews, A., **DeGraff, A. N.**, Atchely, A., & Prouty, A. (February 2013). Relationship building program for same-sex couples. *International Family Therapy Association Conference*, Orlando, FL. (Poster).

National Conferences

O'Neal, C. W., Mancini, J. A., **DeGraff, A. N.**, & Lucier-Greer, M. (November 2016). Military couples' well-being: The impact of community and relationships. *The National Council on Family Relations*, Minneapolis, MN. (Paper).

- Ford, M. R., **DeGraff, A. N.**, Grable, J., Ross, D. B., Kruger, M., & Thomas, M. (May 2016). What works with couples in financial therapy? Observations and outcomes of an innovative experiment. *Financial Therapy Association Annual Conference*, Asheville, NC. (Seminar).
- Archuleta, K., Baker, M., **DeGraff, A. N.**, Ford, M. R., Grable, J., & Kahler, R. S. (May 2016). The Financial Therapy Task Force: Shaping and defining financial therapy. *Financial Therapy Association Annual Conference*, Asheville, NC. (General session).
- Gale, J., Ross, D. B., & **DeGraff, A. N.** (May 2016). Cultivating financial therapists: The benefits of live supervision in financial therapy. *Financial Therapy Association Annual Conference*, Asheville, NC. (Poster)
- Archuleta, K. Ford, M. R., **DeGraff, A. N.**, & Coombs, E. (May 2016). What's next in financial therapy? *Financial Therapy Association Annual Conference*, Asheville, NC. (General session).
- Mallette, J., O'neal, C. W., Mancini, J, A., **DeGraff, A. N.**, & Lanier, A. (March 2015). Going it alone: The social and emotional life of disconnected military youth. *National Youth-At-Risk Conference*, Savannah, GA. (Poster).
- Ross, D. B., **DeGraff, A. N.**, & Gale, J. (September 2014). Relational financial therapy: Bridging finances and therapy. *American Association for Marriage and Family Therapy Annual Conference*, Milwaukee, WI. (Seminar).
- Ross, D. B., **DeGraff, A. N.**, McCoy, M., & Gale, J. (June 2014). Therapists' clinical experiences with promoting financial wellbeing in families. *American Family Therapy Academy Annual Conference*, Athens, GA. (Seminar).
- DeGraff, A.N.**, Ross, D. B., & Gale, J. (June 2014). Addressing family finances in a therapeutic way: What service providers can do to improve well-being. *American Family Therapy Academy Annual Conference*, Athens, GA. (Poster).
- DeGraff, A. N.** (November 2013). Military family finances: A systemic exploratory study. *Financial Therapy Association Conference*, Lubbock, TX. *Thesis committee: David Ivey (chair), Dorothy Durband, Douglas Smith, and Sterling Shumway. Best paper award.* (Paper presentation).
- Gale, J., Goetz, J., Ross, D. B., & **DeGraff, A. N.** (November 2013). Drafting professional standards for financial therapists: An invitation to join the conversation. *Financial Therapy Association Conference*, Lubbock, TX. (Seminar).

State/Local Conferences

DeGraff, A. N., Ross, D. B., & Gale, J. (May 2014). Financial Therapy: Considerations and implications for family therapists working with the military population. *Georgia Association for Marriage and Family Therapy Annual Spring Conference*, St. Simons, GA. (Poster).

Ross, D. B., **DeGraff, A. N.,** & Gale, J. (May 2014). Financial infidelity: considerations and implications for couples therapists. *Georgia Association for Marriage and Family Therapy Annual Spring Conference*, St. Simons, GA. (Poster).

Luna, B., Andrews, A., **DeGraff, A. N.,** Atchely, A., & Prouty, A. (Feb 2013). Relationship building program for same-sex couples. *Texas Association for Marriage and Family Therapy Annual Conference*, Austin, TX. (Poster).

PROFESSIONAL SERVICE

2016-Present	Secretary and Executive Board Member, <i>Financial Therapy Association</i>
2014-2016	Student Board Member, Social Media Committee Chair, Conference Planning Committee, <i>Financial Therapy Association</i>
2014-2015	Treasurer, Graduate Student Organization, Human Development and Family Sciences, <i>University of Georgia</i>
2014	Assistant Conference Coordinator to Jerry Gale (Conference Co-Chair), American Family Therapy Academy 2014 Conference, Athens, GA, <i>American Family Therapy Academy</i>
2013	Book Reviewer, <i>Financial Therapy Association</i>
2013	Ad-hoc Editorial Reviewer, <i>Journal of Financial Therapy</i>
2012- 2013	Treasurer, Student Association of Marriage and Family Therapy, Texas Tech University, Lubbock, TX

PROFESSIONAL MEMBERSHIP

2012-Present	American Association for Marriage and Family Therapy
2012-Present	Financial Therapy Association
2013-2015	Georgia Association for Marriage and Family Therapy
2012- 2013	Red-to-Black Financial Planning, Texas Tech University

- 2011- 2013 Texas Association for Marriage and Family Therapy
- 2011- 2013 Student Association for Marriage and Family Therapy, Texas Tech University
- 2010- 2011 Phi Upsilon Omicron, Human Sciences National Honor Society, Texas Tech University

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REFERENCES

Cristin Orr Shiffer, MS
Deputy Director for Research and Policy
Blue Star Families, Washington, DC
(757) 752-0302
Current supervisor of research

Megan Ford, MS, LMFT
Clinic Director, ASPIRE Clinic
The University of Georgia, Athens, GA
(706) 542-4486
ford.megan@live.com
Previous clinic supervisor

Darren Moore, PhD, LMFT
Faculty, Marriage and Family Therapy Program
Mercer University, Macon, GA
(612) 296-3758
moore_dd@mercer.edu
Previous supervisor of supervision