

Financial Therapist Network Listing



Contact Information

Sarah E. Swantner, MS, CFP®, NCC
 Advanced Wellbeing, LLC
 Kahler Financial Group
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Professional Services	Individual, couples, and group financial therapy & coaching.
Practice Approach	Intuitive Experiential therapy, Internal Family Systems therapy
Client Focus	Individuals, couples & groups
Typical Client Profile	Age: 18 and over Gender: all Income: all Net Worth: all
Licenses/Certifications/Designations	CFP®, NCC, LPC-SUPV
Education	MS, South Dakota State University, Clinical Mental Health Counseling, 2018; MS, Theoretical & Applied Mechanics, University of Illinois at Urbana-Champaign, 2000.
Fee Structure	Fee-only. Hourly.
Years in Practice	Financial Planning 2009 Financial Therapy 2018
Professional Association Affiliations	Financial Therapy Association, American Counseling Association, National Association of Personal Financial Advisors, Financial Planning Association, The Nazrudin Project.
Do you work <i>at a distance</i> such as with Skype?	Yes

Personal Statement

I help people understand themselves and their finances so that they can achieve the life they want. Since 2009 I have been helping people make decisions around finances. As the years passed, I became interested in integrating counseling into my collaborations with clients who wish to explore their thoughts, feelings, and behaviors around money to improve their financial situation and overall satisfaction in life. In 2018, I became a dually-trained financial therapist after completing a clinical internship in financial therapy and earning my counseling master's degree. I now offer financial therapy for individuals, couples, and groups; and I partner with financial planners to integrate financial therapy into their financial planning meetings.

I can help you understand and improve your relationship with money, identify and remove emotional barriers that may be blocking your financial progress, help you address the financial emotional components of a life transition, or address conflict you're having with others around money. I can help you ponder, create and navigate change in your life.