



Contact Information

Sade Younger, MSW, CFSW
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<http://www.thefinancialspa.com>

Professional Services	Financial Therapist Financial Social Worker Financial Educator Certified Credit Reviewer Presenter (Workshops-Retreats-Speaking Engagements)
Practice Approach	Cognitive Behavioral Financial Therapy Solution-Focused Financial Therapy Narrative Financial Therapy Ford Financial Empowerment Model
Client Focus	Individuals Couples Groups/Organizations Social Workers
Typical Client Profile	Age: College Students, Working adults, retiree Gender: Male and Female Income: Open Net Worth: Open
Licenses/Certifications/Designations	Certified Social Worker Certified Financial Educator Certified Credit Reviewer
Education	PhD in Social Work., Howard University Attentive Graduation 2018) Masters in Social Work., Radford University B.S in Sociology., Roanoke College
Fee Structure	Hourly
Years in Practice	3
Professional Association Affiliations	Financial Therapy Association National Association of Social Worker
Do you work at a distance such as with Skype?	Yes (Virtually Appointment)
Research Interests	Financial Capability, Financial Literacy, Financial Stress

Personal Statement

Sade Younger is a naturally energetic person who is drawn to others, active listener and eager to help when asked. She has always been intrigued by the inner working of people. Therefore, she pursued a career in Social Work. Unfortunately, the poor financial decision I made as an undergraduate altered my desired life style.

I attempted to create a budget, google financial resources and get a part time job... but I was still struggling to pay my essential bills. Not until I went back to Graduate School and earn my Master's Degree in Social Work and additional certification in Financial Social Work, that I begin to understand the emotional, social and psychological connection to money.

I am PASSIONATE about ensuring that clients begin to understand the emotional, social, psychological connections to money, utilizing financial therapy models.

There is a deep rooted psychological connection to spending. Wealth and Transformation begins within.