Financial Therapist Network Listing

Contact Information
Colleen Lennon, LCSW
Pure Health Center
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Professional Services	Clinical Social Worker, Financial Therapist, Individual and Couples Therapist
Practice Approach	Cognitive Behavioral Therapy, Strengths Based, Problem and Solution Focused
Client Focus	Individuals, Couples, and Families
Typical Client Profile	Age: Adolescents and Adults Gender: Female/Male Income: Any Net Worth: Any
Licenses/Certifications/ Designations	Licensed Clinical Social Worker Certified Financial Social Worker
Education	Miami University, B.S. in Psychology New York University, Masters in Social Work
Fee Structure	Hourly: $150 self-pay Insurances accepted: BCBS
Years in Practice	8
Professional Association Affiliations	Financial Therapy Association (FTA) National Association of Social Workers (NASW)
Do you work *at a distance* such as with Skype?	No
Research Interests	n/a

Personal Statement

Colleen has a passion for incorporating mindfulness, holistic and person-centered therapeutic approaches, and Cognitive-Behavioral Therapy techniques to help clients achieve insight into how their thoughts, feelings and behaviors impact their lives and relationships. Colleen tailors her approach based upon the needs and interests of the client. She is committed to helping clients make meaningful changes and to reach their therapeutic goals. She believes therapy is a collaborative process and strives to create an open, understanding, and judgment-free space to explore issues and difficulties. Colleen is motivated to help clients develop their inner strengths and more positive lifestyle habits.

Colleen has experience with a diverse range of populations including children, adolescents, and adults. Her areas of experience and interest include, but are not limited to, mood and anxiety disorders, stress management, work/life balance, relationship issues, life transitions and adjustment, financial difficulties, behavioral disorders, and children and adolescent mental health.