# Financial Therapist Network Listing

**Contact Information**

Edward B. Kizer, LPC, LCAS
Sage Counseling and Financial Services
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| **Professional Services** | Financial Therapist, Licensed Professional Counselor (NC), Licensed Clinical Addictions Counselor (NC) |
| **Practice Approach** | Integrating money psychology and financial planning while utilizing a range of theories including Cognitive Behavioral Therapy, Solution Focused Therapy, Motivational Interviewing, and Family Systems Theory. |
| **Client Focus** | Individuals, couples, and families, including estates and trusts. |
| **Typical Client Profile** | Age: All<br>Gender: All<br>Income: All<br>Net Worth: All |
| **Licenses/Certifications/ Designations** | LPC, LCAS |
| **Education** | Master of Educational Counseling from Clemson University, Certificate in Financial Planning from Florida State University. |
| **Fee Structure** | Hourly |
| **Years in Practice** | 15 |
| **Professional Association Affiliations** | American Counseling Association<br>Financial Therapy Association<br>Association for Addictions Counselors |
| **Do you work *at a distance* such as with Skype?** | On a limited basis for North Carolina residents |
| **Research Interests** | Mind Body Integration/Behavioral Finance |

**Personal Statement**

As a licensed professional counselor (LPC) with formal training in financial planning, Ed Kizer brings a unique set of skills to his work as a financial therapist. Having an understanding and appreciation for the emotional difficulties that so often accompany our financial lives, Ed works with individual, couples and families to fundamentally shift the dynamics surrounding dysfunctional financial decisions and patterns. Helping his clients work to improve communication and decrease conflict, while addressing the anxiety inherent in our struggle to change, Ed is able to facilitate the growth needed to improve their relationships and financial lives. Ed, as he understands the complex nature of financial planning, also provides support for financial professionals and their clients who encounter complex family dysfunction and problematic financial behaviors.