



Contact Information

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 Financial Therapy Associates of Dallas
 Financial Strategies Group, LLC
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Professional Services	financial therapy, marriage and family therapy
Practice Approach	family systems, solution focused, cognitive behavioral
Client Focus	couples, families, individuals, business partners, retirees, widowed & divorced
Typical Client Profile	Age: 40+ Gender: both Income: varies Net Worth: varies
Licenses/Certifications/Designations	Licensed Marriage & Family Therapist Associate
Education	MS, Texas Woman's University, Marriage & Family Therapy
Fee Structure	Financial therapy that is part of the financial planning process is included in the financial planning fee. Therapy not involving financial planners is charged on a fee per session basis.
Years in Practice	3
Professional Association Affiliations	Financial Therapy Association American, Texas, & Dallas Associations for Marriage and Family Therapy
Research Interests	
Remote Services Provided?	Yes * Not all states permit counseling remotely by phone, Skype, etc.

Personal Statement

People who have difficulty reaching their financial goals are often struggling with psychological or emotional issues that distract them from making productive decisions. For example, childhood decisions about money may be long forgotten, but they can influence a person's financial management style well into adulthood. I help financial planning clients discover these hidden influences and guide them to decisions and practices that are in sync with their goals. I work with people transitioning into new phases of their lives in their relationships, careers, and lifestyles. I help couples overcome conflicts that arise from different financial styles and the changes in their relationships brought about by new life stages. While I draw from a variety of therapy models, my goal is always to provide the most benefit possible in a brief therapeutic setting