



**Contact Information**

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<b>Professional Services</b>	financial therapy & coaching, psychoanalysis & psychodynamic psychotherapy, couples counseling, coaching, workshop presentations, organizational consultation
<b>Practice Approach</b>	eclectic, insight-oriented, solution-focused
<b>Client Focus</b>	individuals, couples, organizations
<b>Typical Client Profile</b>	Age: adolescents and adults Gender: n/a Income: variable Net Worth: variable
<b>Licenses/Certifications/Designations</b>	NY licensed clinical psychologist Certified psychoanalyst
<b>Education</b>	B.A., Bucknell University M.A., Michigan State University Ph.D., Michigan State University Certificate in Psychoanalysis, The William Alanson White Institute
<b>Fee Structure</b>	Hourly fee
<b>Years in Practice</b>	14
<b>Professional Association Affiliations</b>	Financial Therapy Association American Psychological Association New York State Psychological Association
<b>Research Interests</b>	

**Personal Statement**

I am a clinical psychologist and psychoanalyst who specializes in financial therapy and working with people in the arts. Using a collaborative and explorative approach, I help clients understand the conscious and unconscious meanings and misconceptions about money, and how these affect their day-to-day lives in profound ways. In understanding their irrational behavior with money, clients can achieve wide-ranging improvements, including more harmonious relationships with family, less financial stress (regardless of economic conditions), better balance between work and home life, and an increased ability to feel truly fulfilled rather than constantly in need of the next "thing." By demystifying money, clients are in a better position to use it wisely and purposefully for the betterment of themselves, their family, and their community. I also do workshops and individual coaching with financial planners and organizations interested in learning more about these ideas and how to integrate them into their practices.