



Contact Information

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Personal Statement

Doing what I love – helping people heal – I discovered how profoundly we need help with our relationship with money. I discovered the art of healing our relationship with money in ways deeper than most of us can fathom. I've worked with people – laypeople, healing arts professionals, financial professionals – who have been amazed to discover the roots of their relationships with money. Through this work, I've seen people reap benefits – inner and outer, financial and in other areas of their lives. I'd love to help you with your relationship with money so you can find the richness that lives beneath your consciousness, and open to a wealth of possibilities you aren't yet aware of.

I can help you in individual sessions – single consultations, a consultation series, or more intensive, long-term work – couples' sessions, or groups. I can offer your group or organization a talk or workshop from an hour or two, to a half day, to a full weekend. I'd also be delighted to explore assisting financial professionals and other therapists in behalf of their clients.

Professional Services	Financial counselor Financial therapist Depth psychotherapist Professional speaker Workshop leader Writer Clinical supervision of therapists and consultations with other healing arts professionals
Practice Approach	Depth psychotherapy Healing to the root through deep experiential work Helping clients find and heal the roots of their money issues
Client Focus	Individuals, couples, groups, adults
Typical Client Profile	Age: Adult Gender: Any Income: Any
Licenses/Certifications/Designations	Licensed Mental Health Counselor in CT, FL, and NY National Certified Counselor and Nationally Certified Clinical Mental Health Counselor
Education	M.S., Counseling, University of Bridgeport
Fee Structure	Hourly for sessions, consults, and intensives; by project for talks, workshops, tele-seminars, and other events. (Note: If you have out of network benefits and your insurance company will cover your work with me, I will be glad to give you a periodic invoice to submit to your insurance company. Payment is expected at time of session, unless prior arrangements have been made.)
Years in Practice	Depth psychotherapist since 1975 Financial therapist since 1989
Professional Association Affiliations	American Group Psychotherapy Association Connecticut Counseling Association Connecticut Mental Health Counselors Association Financial Therapy Association National Assoc. of Personal Financial Advisors National Board for Certified Counselors New York Mental Health Counselors Association
Do you work at a distance such as with Skype?	If you'd like to learn more about the roots of our relationships with money in general, I can help you learn more about that via phone wherever you live. If you would like to receive therapy to explore and heal your relationship with money, I can do phone sessions with you if you are in Florida, New York or Connecticut in locations too far to be with me in person.
Research Interests	Although I'm not officially part of any particular research project at the moment, I'm constantly exploring – and finding – ways in which the deep connections between people's childhoods and the present day affects their current lives inside and out – including financially – and also ways in which the individual's financial life impacts the life of our world communally financially, economically, and in many other ways.