



Contact Information

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Personal Statement

With my background in psychoanalysis, psychiatry and organizational leadership I am interested in the hidden, unconscious and emotional forces that interfere with optimal financial and personal decision making. I like to help investors and individuals and families with wealth make the best possible decisions, avoid habitual and predictable mistakes and use greater self-awareness to bring decisions in line with values, dreams and practicalities. I have special interests in women rising in positions of power and leadership and in the life phase I call "starting older"—what do you do when you're approaching 65 and you've met all your goals but have one chapter left where you want to do something meaningful and impactful to add to your legacy?

Professional Services	Advising on emotional finance, coaching women leaders in finance, managing new wealth, navigating critical career changes, generational transfer of wealth, leadership coaching.
Practice Approach	Individualized advising based on comprehensive model of the mind including neuroscience and psychoanalytic perspectives
Client Focus	individuals, couples, families
Typical Client Profile	Age: Any. Especially interested in business owners 60+ Gender: Either Income: 300K up Net Worth: 5 M up
Licenses/Certifications/Designations	MD, certified in psychoanalysis. Board certified in psychiatry
Education	Yale College, BA, Psychology, University of Michigan MD
Fee Structure	Monthly retainer or project based
Years in Practice	35
Professional Association Affiliations	Financial Therapy Association, Family Firm Institute, American Psychoanalytic Association, American Medical Association, International Psychoanalytical Association
Do you work at a distance such as with Skype?	Yes. I find that Facetime or Skype works very well.
Research Interests	Women and power. Life phase I call "starting older"—the 65-year-old who has 20 years of productivity ahead but needs or wants to make a major change.