Financial Therapist Network Listing

Professional Services	Financial coaching, counseling, and planning
Practice Approach	Solution-focused approach, motivational interviewing, transtheoretical model (stages of change model)
Client Focus	Individuals and couples
Typical Client Profile	Age: 25-50 Gender: All Income: All Net Worth: All Typical clients are feeling stuck and want help finding motivation to change.
Licenses/Certifications/ Designations	CERTIFIED FINANCIAL PLANNER™ (CFP®) Certified Financial Behavior Specialist® (FBS®) Chartered Financial Analyst (CFA)
Education	B.A. Economics (Summa Cum Laude): Minnesota State University Moorhead GradCert: Financial Psychology & Behavioral Finance: Creighton University
Fee Structure	Hourly
Years in Practice	10
Professional Association Affiliations	Financial Therapy Association Financial Psychology Institute Financial Planning Association CFP Board CFA Institute
Do you work *at a distance* such as with Skype?	Yes, I use Zoom
Research Interests	N/A

Contact Information

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Personal Statement

My philosophy is that you are the expert in yourself, and you have the right to autonomy. You are entitled to collaborative conversations that tap into your natural instinct to grow. I enjoy working with people who feel stuck in their current situation, either by having tried something on their own with little success or simple because they don’t know where to start. I help clients find their own motivation to change their problematic financial behaviors.