

Financial Therapist Network Listing



Contact Information

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Personal Statement

I am a licensed clinical social worker who specializes in financial therapy. My work with clients is collaborative and non-judgmental. This approach is especially important because talking about money can be messy and complicated.

I help people understand the powerful and important role their beliefs and assumptions about money play in their day-to-day financial behaviors, decision-making, financial goal attainment and interpersonal relationships. Gaining insight into these money beliefs - or money scripts - is an essential first step in creating long-term change.

Clients who work with me understand why their money beliefs directly impact their success in meeting financial goals and the role money plays in their interpersonal relationships. My clients learn what changes they need to make - and how to make them - in order to have a less complicated relationship with their money and finances.

Professional Services	Financial Therapy
Practice Approach	My approach is straightforward and interactive and is tailored to meet the individual needs of each client. Theories that guide my work are Cognitive Behavioral, Solution-Focused, Family Systems and Motivational Interviewing.
Client Focus	Adults, couples and family members
Typical Client Profile	People who want to address the emotional, behavioral, relational and cognitive challenges they have with money.
Licenses/Certifications/Designations	Financial Psychology and Behavioral Finance Certified Financial Behavior Specialist Licensed Clinical Social Worker
Education	BA University of California Santa Cruz MSS Utah State University MSW University of Vermont
Fee Structure	Hourly
Years in Practice	21+
Professional Association Affiliations	Financial Therapy Association Financial Psychology Institute National Association of Social Workers
Do you work at a distance such as with Skype?	Yes, I offer a HIPAA compliant video platform.
Research Interests	