



Contact Information

Jennifer Dunkle, M.A., M.S., LPC
 New Awareness Therapy, LLC
 1136 East Stuart Street
 Building 4, Suite 202
 Fort Collins, CO 80525
 (970) 818-1851
jennifer.dunkle@icloud.com
www.jenniferdunkle.com

Professional Services	1) Financial therapy for individuals, couples and families. 2) Use principles from Gottman Method Couples Therapy to help couples talk with and emotionally connect with each other about a variety of issues, including financial concerns. 3) Workshops and presentations
Practice Approach	Certified Gottman Method Couples Therapist #322 (also completed extra training on Treating Affairs and Trauma), Cognitive-Behavioral Therapy, and Solution-Focused Therapy.
Client Focus	Individuals, couples, and families.
Typical Client Profile	Clients wanting to explore issues concerning money in a therapeutic setting.
Licenses/Certifications/Designations	Licensed Professional Counselor #4873 (Colorado). Certified Gottman Method Couples Therapist #322
Education	M.A. (Community Counseling), University of Northern Colorado M.S. (Consumer Science), Colorado State University
Fee Structure	Per-session fee.
Years in Practice	Master's degree in counseling, 2005.
Professional Association Affiliations	Financial Therapy Association
Research Interests	Optimizing communication about finances between couples.

Personal Statement: When money is a source of stress and worry, that stress can influence many aspects of your life, including your marriage or partnership; relationships with children/family members/friends; your career, and your health. Most of our adult beliefs about money are based on earlier life experiences. These core money issues affect our adult relationships. To make lasting changes to budgeting, spending, savings, and investing plans, it is very helpful to learn more about our underlying beliefs and values about money. Regarding my specialty of working with couples, I have been fascinated with relationships for many years. I work with couples going through a variety of challenges. It can be very powerful to have a neutral third party in the room, helping each person understand themselves and their partner better. I help facilitate the process of couples improving skills at talking with each other about issues such as their finances, and am a Certified Gottman Method Couples Therapist.