

# Financial Therapist Network Listing



## Contact Information

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<b>Professional Services</b>	Financial Therapy and Financial Coaching
<b>Practice Approach</b>	Psychotherapy, Cognitive Behavioral Therapy,
<b>Client Focus</b>	Professional Women & Couples
<b>Typical Client Profile</b>	Women who believe money self-care is as important as mental and physical health care. They are ready to build their money confidence or tackle their overshopping. They are in debt, want to save, or are not communicating well as a couple.
<b>Licenses/Certifications/Designations</b>	MBA, CDFA®, AFC ©
<b>Education</b>	MBA, training with Psychotherapist Olivia Mellan & clinical supervision under Dr. April Benson
<b>Fee Structure</b>	Packages
<b>Years in Practice</b>	30
<b>Professional Association Affiliations</b>	FTA, AFCPE, IDFA
<b>Do you work <i>at a distance</i> such as with Skype?</b>	Skype, Zoom,
<b>Research Interests</b>	

## Personal Statement

After working in financial services for 30 years, I KNOW women are absolutely capable of making good money decisions. We have systemic social myths that lead us to think otherwise, and because these myths are passed down by generation just like old family recipes and stories, we are not able to easily change them as a society. I am committed to helping women see their own abilities, break through these myths, and feel confident in their money decisions. I work with a client's mindset as well as their actual numbers. The compulsive shopping program I offer is proven in a third-party study.