

# Financial Therapist Network Listing



## Contact Information

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## Personal Statement

Forget about what you think, or what you've been told. You have all abilities inside of you. You are strong, and capable. Isn't it time to take care of yourself and build your financial wellness? No Judgement, No Deprivation.

<b>Professional Services</b>	Financial Coaching/Counseling, Stopping Overshopping Specialist
<b>Practice Approach</b>	Offering a gentle, safe haven with a proven program using Psychotherapy and Cognitive Behavioral Therapy techniques within a coaching practice
<b>Client Focus</b>	Professional Women / Couples
<b>Typical Client Profile</b>	Senior professional women who are ready to move from money vagueness to money confidence and clarity. It's the last mountain to climb in your successful career, you want to be debt free, or you and your partner are not aligned. For over shoppers, your shopping is causing shame, guilt, perhaps financial infidelity. No Judgement, No Deprivation.
<b>Licenses/Certifications/Designations</b>	Certified Divorce Financial Analyst Accredited Financial Counselor
<b>Education</b>	MBA, CDFA, AFC Clinical Training under Psychologist Dr. April Benson on compulsive shopping Training under Psychotherapist Olivia Mellon on Money & Couples
<b>Fee Structure</b>	Packages
<b>Years in Practice</b>	6 years in coaching, counselling +30 years financial services
<b>Professional Association Affiliations</b>	FTA, AFCPE, ADFP
<b>Do you work at a distance such as with Skype?</b>	I offer nationwide services via Zoom
<b>Research Interests</b>	1) How the intersection of money awareness with the impulse management of overshopping behavior can hasten positive change. 2) The social messages that separate women from a positive relationship with money.