# Tools & Techniques of Intuitive Experiential Therapy Training

When: Thursday, October 27,2022 thru Sunday, October 30,2022

Where:

#### Hilton Garden Inn Phoenix Airport Convention Center 3422 E Elwood At University Phoenix, AZ, 85040



Offered by:



#### LIVINGTRUEINC.COM

(605) 718-5500

A 24.75 Hour (4-ethics) Program for Counselors, Therapists, Psychologists and other Health Care Professionals

Tools & Techniques of Intuitive Experiential Therapy has been approved by **NBCC** for NBCC credit.

Living True., Inc. is solely responsible for all aspects of the program. NBCC Approval No. SP-3976



International Society of Experiential Professionals Approved Training

#### **Program Objectives:**

After the course you will be able to:

- Define Intuitive Experiential Therapy
- Understand the difference between Experiential Therapy and Intuitive Experiential Therapy
- Understand how guilt and shame inhibit the recovery process
- Identify body language messages that help the client get to core issues with trauma patterns
- Explore different techniques to help the client feel and release destructive emotional patterns
- Use validation patterns when the client is uncertain
- Identify potential ethical issues with Intuitive Experiential Therapy
- List three components required to have a true boundary

#### \*\*\*\*\* Live Seminar \*\*\*\*\*

#### Thursday, October 27, 2022

**8:30 - 9:00** Registration

9:00 - 10:30 Session 1: Overview Of Intuitive

**Experiential** 

Therapy And The Benefits Of This

Therapeutic Approach.

Body movements, body language,

unexpressed

feelings, words & self body awareness.

10:30 - 10:45 Break

10:45 - 12:00 Session 1 Continuation of Overview

12:00 - 1:00 Lunch

1:00 - 2:45 Session 2: Individual/Group Wam-up

Exercise

The Talking Sheet, getting acquainted

2:45 - 3:00 Bre

3:00 - 5:00 Session 3: Anger Assessment Tools and

Techniques

### **Agenda**

#### Friday, October 28, 2022

9:00 - 10:30 Session 4: Anger/Tension Release Techniques

10:30 - 10:45 Break

10:45 - 12:00 Session 4 Continuation of Anger/ Tension Release Techniques

12:00 - 1:00 Lunch

1:00 - 2:30 Session 5: Validation of Body

**Expressions** 

2:30 - 2:45 Break

2:45 - 5:00 Session 5: Continuation of Validating

**Body Expressions** 

#### Saturday, October 29, 2022

9:00 - 10:30 Session 6: Exploring Guilt & Shame Patterns and their impact on the Therapeutic Process

10:30 - 10:45 Break

10:45 - 12:00 Session 7: Following The Client

Saturday, October 29, 2022 12:00 - 1:00 Lunch

1:00 - 2:30 Session 7: Continuation of Following

\*\*\*\*\* Live Seminar \*\*\*\*\*

The Client

2:30 - 2:45 Break

2:45 - 5:00 Session 8: Explore Client Validation Techniques

Sunday, October 30, 2022

8:30 - 9:45 Session 9: Explore Setting True

Boundaries

9:45 - 10:00 Break

#### **Ethics Portion:**

10:00 - 12:00 Session 10: Explore Ethical Concerns

Do no Harm

12:00 - 1:00 Lunch

1:00 - 3:00 Session 10: Continuation of Ethical

Concerns

**Multi-Cultural Concerns** 

#### **Tools & Techniques of Intuitive Experiential Therapy**



"Where our minds meet our hearts."

#### **Certificates**

Certificates of completion will be awarded at the conclusion of the training. Successful completion includes full attendance and return of a completed evaluation form. No partial credit will be given without approval prior to the start of the training.

#### **Area Hotel Accommodations**

(Both Hotels are next to the Convention Center)

#### **Hilton Garden Inn Phoenix Airport**

3422 E Elwood At University Phoenix, AZ, 85040 (602) 470-0500

## **Holiday Inn Express & Suites Phoenix Airport**

3401 E. University Dr. Phoenix, AZ, 85034 (602) 453-9900

#### **Parking**

Parking is available at the convention Center and Hotels

#### **About the Instructor**

Dave Jetson, MS, LPC-MH, LCPC is in private practice as a counselor in Rapid City, SD. He has led over 100 Intuitive Experiential Therapy workshops, nationally and internationally, using intuitive experiential techniques. Dave is an international speaker and has authored two books. Dave has been featured in *The Wall Street Journal, Investment Advisor, Self, and QI - The Journal of Traditional Eastern Health & Fitness.* Dave specializes in all forms of trauma, depression, anxiety, marriage and relationships, mild traumatic brain injury issues, the psychology of money, and deals with family issues.

e-mail: jetsond@yahoo.com



Name (Please Print)	
Home Address	
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St	ate Zip
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Profession(s)	
Tuition:	
	\$900 Early bird Registration before August 15, 2022
	\$975 Early bird Registration before September 27, 2022
	\$1,075 Registration after September 27,2022
Ways To Register:	
•	Internet: <a href="www.Livingtrueinc.com">www.Livingtrueinc.com</a> Mail: 13001 West Omaha St., Suite 220, Rapid City, SD
-	ivian. 15001 West Omana St., Suite 220, Rapid City, SD

- Mail: 13001 West Omaha St., Suite 220, Rapid City, SD 57701
- Fax: (605) 717-0413 Phone: (605) 718-5500

All Major credit cards are accepted

#### Rescheduling

In the unlikely event this training has to be canceled (ex. unforeseeable covid issues), the training will be rescheduled or refunded.

#### **Cancellation / Refund**

Cancellations with 100% refund are accepted 2 weeks prior to live programs. Cancellations made in under 2 weeks before the program will receive a 50% refund. No refunds for registration fees will be made within 48 hours of the start of a training and for no shows. Transfer to a different program is possible.